



WOMEN

Leading in

HEALTHCARE

page 12

CONTENTS

8 WOMEN Leading in HEALTHCARE 12



17 TMS
Coming soon to Cody Regional Health!



19 Wyoming State Opioid Response Grant



24 2019 Barn Dance

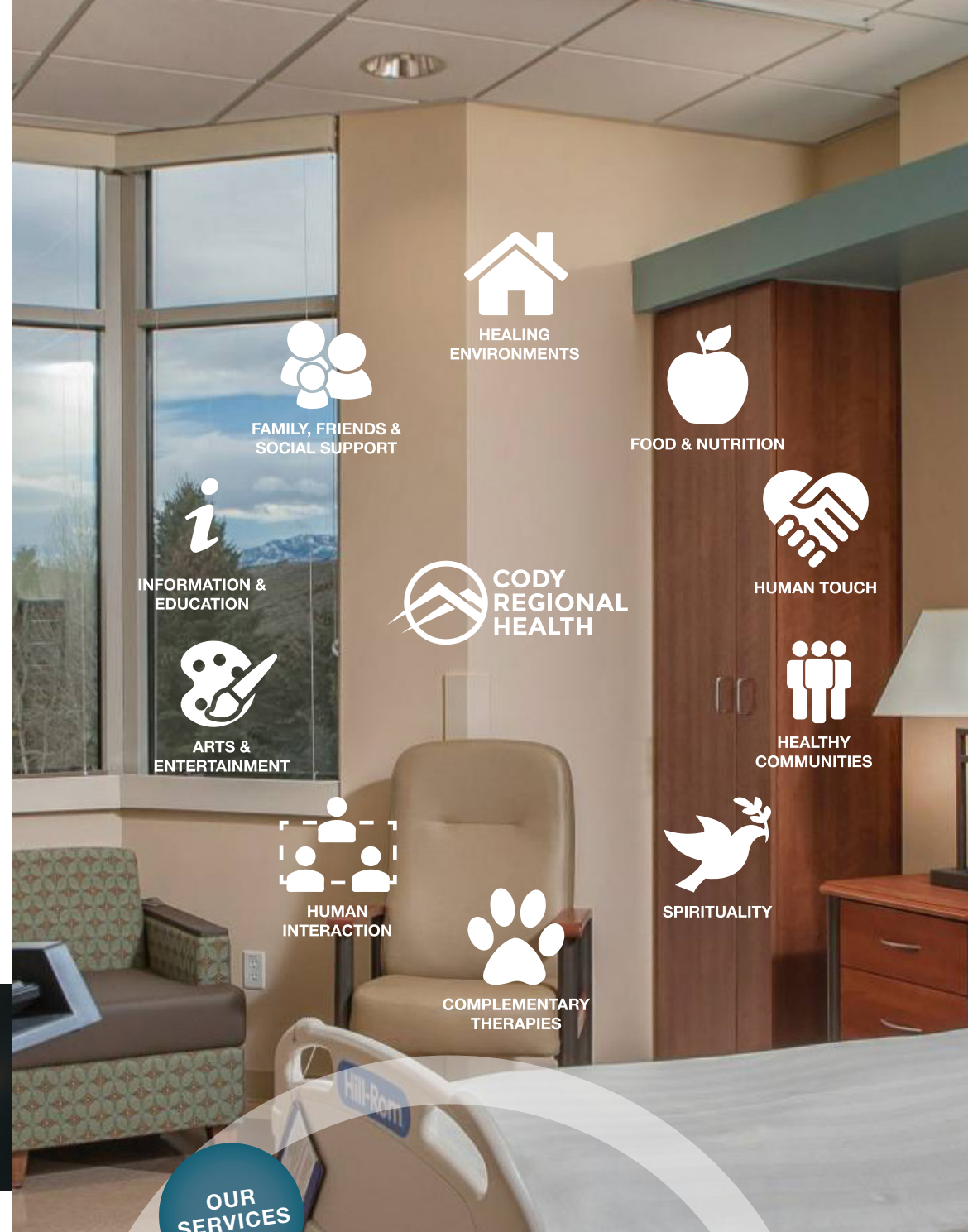


7 Regenerative Medicine
Cody Regional Health patients can now benefit from a treatment called platelet-rich-plasma injections.

DEPARTMENTS

- 6 Orthopaedics**
- 8 Audiology**
- 10 Cardiology**
- 15 Radiation Oncology**
- 16 Behavioral Health**

- 4 CEO Letter** Doug McMillan recaps the year and addresses past, present and future happenings at CRH.
- 5 Mission, Vision and Values** The driving force for why CRH continues to provide outstanding healthcare in Northwest Wyoming.
- 20 Awards** From leadership to quality awards, CRH strives to be the best.
- 21 Foundation** Another successful year in philanthropy to better patient care.
- 24 Community Events** Dinners, speaking engagements and more draw crowds hungry for health wisdom.
- 26 By the Numbers** A review of CRH's annual finances and fun numbers.
- 28 Our Physicians** Growing a robust team of healthcare providers is a continual focus at CRH.



- HEALING ENVIRONMENTS
- FAMILY, FRIENDS & SOCIAL SUPPORT
- FOOD & NUTRITION
- HUMAN TOUCH
- INFORMATION & EDUCATION
- CODY REGIONAL HEALTH
- ARTS & ENTERTAINMENT
- HEALTHY COMMUNITIES
- SPIRITUALITY
- COMPLEMENTARY THERAPIES
- HUMAN INTERACTION

OUR SERVICES

- | | | |
|---------------------------------------|--------------------------|---|
| Acute Care/Critical Care | Home Health & Hospice | Psychiatry |
| Allergy and Audiology | Hospitalist Program | Radiology |
| Behavioral Health | Internal Medicine | Rehabilitation |
| Cancer Treatment Center | Laboratory & HealthCheck | Radiation Oncology |
| Cardiology | Long Term Care Center | Rheumatology |
| Cardiac Catheterization Lab | Neurosurgery | Robotic Assisted Total Knee Replacement |
| Cardiopulmonary & Respiratory Therapy | Nutrition Services | Spiritual Counseling |
| Chemical Dependency Treatment | OB/GYN | Surgical and Outpatient Services |
| Dialysis | Orthopaedics | Walk-in Clinic |
| Ear, Nose & Throat Clinic | Pediatrics | Women's Health and Nursery |
| Emergency Services | Pharmacy | Wound Care Center |

Vision The first choice for those who aspire to heal, be healed & lead healthier lives.

Mission To provide extraordinary healthcare to those we serve by people who care.

Values Compassion, Integrity, Excellence, Innovation & Collaboration.



A LETTER FROM OUR CEO

As we move into a New Year and decade at Cody Regional Health, I'm extremely grateful for the significant growth and accomplishments achieved at Cody Regional Health for the last decade. These changes and accomplishments are a direct result of teamwork, compassion, commitment, and strong collaboration by all staff, physicians, and trustees working together to create a world-class rural health care system for Northwest Wyoming.

Every year, we are privileged to serve people from Northwest Wyoming, the United States, and even other countries who come to Cody Regional Health with all types of illnesses for treatment and services. Being trusted with the lives and health of so many is an honor and privilege that every Cody Regional Health employee takes seriously.

This past year was a monumental year for Cody Regional Health in service growth. Through our partnership with Billings Clinic, we opened the Cody Cardiology Center, recruited two full-time Interventional Cardiologists, and completed over 100 Cath procedures in our new Cath Lab. Cody Regional Health is the only Critical Access Hospital in Wyoming and one of seven in the United States to provide this level of Cardiology services.

We are proud to feature our CRH local women healthcare leaders, medical staff, and board of trustees.

CRH workforce is comprised of greater than 80% women, many of whom are in leadership roles at Cody Regional Health. We are also excited to feature many other great changes that have occurred at CRH this last year including growth in our medical team, services lines, organizational awards, and more.

It is truly an honor and privilege to serve as CEO at Cody Regional Health. CRH is a special organization filled with people who have chosen the healthcare field because they want to make a positive difference in the lives of others. It is their commitment to making a difference in our patients and families' lives that makes Cody Regional Health a special place.

Thank you for placing your trust in Cody Regional Health and for viewing our 2019 Report to the Community. We are proud to share how we are growing and making a positive difference in Northwest Wyoming.



Doug McMillan, CEO (Left) & Dr. Lenox Baker, Board Chair (Right)



Christopher Rice, M.D. Orthopaedic Surgeon Specializing in Upper Extremities

We are excited to welcome Christopher Rice, MD to our Orthopaedic Family!

Dr. Rice is Board-certified and achieved his hand surgery fellowship from HealthPartners Institute Regional Hospital in St. Paul, MN. He also completed his Orthopaedic surgery residency with the University of Wisconsin Department of Orthopaedics and Rehabilitation. Our patients benefit greatly by having a local upper extremity Orthopaedic surgeon and we are thankful to have him on the team.



SPECIALTIES

Hand Surgery
Wrist Pain & Injuries
General Orthopaedic Care



Get to know Dr. Rice!

Regenerative Medicine

The field of non-surgical orthopaedic and sports medicine is reshaping itself with a regenerative medicine approach. Cody Regional Health orthopaedic specialists offer stem cell and platelet rich plasma (PRP) therapies that successfully treat bone, muscle, joint and soft tissue injuries with regenerative solutions.

Cody Regional Health patients can now benefit from a treatment called platelet-rich-plasma (PRP) injections. This non-surgical treatment can help in reducing pain and provide long-term relief from muscle injuries such as hamstring tears, ligament sprains and chronic tendinitis. PRP injections use your own body or donated natural growth factors to promote healing and alleviate pain.

Stem cell use in medicine has also grown tremendously over the past decade. Every joint in the body and most tissues contain stem cells that are responsible for maintaining health in that location. Degeneration of tissues or joints occur when the stem cell population becomes depleted and that structure loses its ability to heal itself because of injury or the natural aging process. Stem cell therapy is an attempt to repopulate tissues or joints with the stem cells thereby restoring the body's ability to heal itself. Stem cell therapy is now available through the Cody Regional Health Orthopaedic Specialist practice.

Our goal is to provide minimally invasive treatments within our office along with regenerative techniques to target your body's natural healing ability.



SPORTS MEDICINE



MINIMALLY INVASIVE SURGERY



WALK-IN ASSESSMENT



TOTAL JOINT REPLACEMENT

Call **307.578.2180** to set up an appointment with a provider today or visit CodyRegionalHealth.org.



Currently, Dr. Shepard is the only Doctor of Audiology seeing patients in the Big Horn Basin. Dr. Shepard practices at Cody Regional Health's Cathcart Health Center where she provides patient-centered care in prevention, identification, diagnosis, evidence-based treatment of the hearing disorder for ages 5 and up and amplification for age 13 and up.



See more about Dr. Shepard!



How Often Should Your Hearing Be Evaluated?

Hearing loss is the third most common health problem in the United States and people often wonder how often they should have a hearing evaluation. The answer is simple, hearing should be evaluated annually, and should be one part of an annual physical examination, treated the same as vision and dental examinations.

Putting aside the annual hearing evaluation, there are other reasons that a hearing evaluation would be necessary. Those reasons include: failing a hearing screening; decreasing hearing, gradually or rapidly;

feeling full, blocked, or muffled; tinnitus; pre and postop hearing tests for ear surgery; dizziness or vertigo. Many times, these are symptoms of an underlying condition that needs to be identified, diagnosed, and treated.

Hearing tests are painless, noninvasive, and relatively quick. Ultimately, these tests will reveal the configuration, type and degree of hearing loss. At that point, an audiologist will discuss the findings with their patient and recommend solutions for better hearing.



Cath Lab

Since opening our new Cody Cardiology Clinic in partnership with Billings Clinic, we have been able to serve over 900 patients and out of these, over 100 patients have had a heart Cath procedure in our Cardiac Cath Lab. Cody Regional Health is the only Critical Access Hospital in Wyoming and one of only a few in the United States to provide this level of Cardiology services.

We now offer cardiology services once a week at Powell Valley Healthcare and in Worland to better meet the needs of our patients throughout Northwest Wyoming.

Your heart health matters and it is our goal to offer the best localized care available to our patients. With preventive care, you can enjoy a healthy, active lifestyle with your friends and family. For patients who require treatment and rehabilitation, our cardiologists work with our dedicated team of professionals to provide you personalized care.

You are in good hands with our cardiologists and you can trust our comprehensive diagnosis, treatment and rehabilitation care.

SERVICES

GENERAL CARDIOLOGY

- Echocardiography
- Nuclear Cardiology
- Stress Testing
- Pacemaker Device Management

INTERVENTIONAL CARDIOLOGY

- Coronary Angiograms
- Coronary Intervention
- Pacemaker Implantation

CARDIAC REHABILITATION

- Exercise Counseling and Training
- Education for Heart-Healthy Living
- Counseling to Reduce Stress



Retired Powell High School Educator and IT Director, Terry Foley, was Cody Cardiology Center's 104th heart cath patient since November 2019. Terry and his wife, Trisch Foley, have been residents of Powell, Wyoming, for the past 46 years. Now in retirement, the couple enjoys camping and spending time with their four children and grandchildren. Terry was looking for answers and he found them at CRH's Cody Cardiology Center (CCC). He was short of breath and had various heart tests but wanted to rule out any blockages to his heart. As a candidate for a heart cath procedure, Terry chose CCC because of the advanced technology and the providers conducting the procedure, and being close to home. Soon after his procedure, interventional cardiologist, Dr. Thomas Wolford, found Terry had no severe blockages. Terry now has peace of mind, knowing the results of the procedure.

“Everyone is so professional and happy here!”



CODY
424 Yellowstone Ave.
Suite 250
Cody, WY 82414

POWELL
450 Mountain View St.
Building A
Powell, WY 82435

WORLAND
1106 Big Horn Ave.
Worland, WY 82401



WOMEN

Leading in

HEALTHCARE



CRH Hospitalist



ELISE LOWE, MD

What do you do to destress after work? *My major stress relief comes through staying active and attempting to create boundaries between me and my work. I love hiking and paddle boarding and being involved in Search and Rescue. I value spending time with my family, friends and boyfriend. My dog, Watson, always lets me know when he needs more attention.*

CRH Audiologist



BRANDI SHEPARD, AU.D.

How are you planning on helping other women progress in leadership roles? *I have had so many wonderful women who helped shape me personally and professionally. I look forward to the time when I can be an influence to how another woman might practice. For now, as a mother of four young children, I am currently putting my efforts on raising them into being strong, independent individuals, who are open to new things, and not afraid to ask for help. I think there are many times we are helping women to be their best by being kind, supportive, and sharing our thoughts and experiences.*

CRH Chief Ambulatory Officer



ANDREA MCKAY

Did you plan on becoming a leader in healthcare? *I've served in some capacity in healthcare since 1984. My first position was as a cashier and patient registration clerk. I helped patients register for lab and X-ray services, billed insurance claims, and worked the switchboard when needed. I enjoyed the work helping people navigate through their financial aspect of healthcare. The more experience I gained in different areas of the hospital, the more intrigued I was about expanding my knowledge in healthcare. I grew into leadership having first served patients in a variety of positions, as a physician liaison, and then as an advocate for a team of healthcare providers and staff all in effort to bring the best patient care to the community.*

Women's Health Provider at CRH



LISA WILLIAMS, MD

What is your current leadership role in healthcare? *I am currently the chair of the Ob/Peds committee and participate in other active hospital committees. As one of the two obstetricians in Cody, I work with Dr. Chisholm closely to grow and develop the obstetrical services at Cody Regional Health.*

CRH Board Member



JEN TALICH

What do you do to destress after work?
Sometimes I think the most stressful part of my day actually starts after work! I have five children from 1st grade up to a junior in high school and they are in all kinds of activities; just getting dinner on the table and sitting down together can be a small miracle! I think managing stress is very important though, I do workout four to five times per week and having a person in your life to confide in with your worries and cares helps relieve the burden of stress! And laundry—laundry causes me stress! Ha!

CRH Board Member



GRAHAM JACKSON

How are you planning on helping other women progress in leadership roles? *I have been fortunate to be able to work and volunteer with amazing women through the years, and I see that continuing in the future! I try to be a positive role model and resource. It is always important to mentor others. Mentoring can look different based on career path and goals. Fundamental to mentoring is ensuring tools and training are in place to succeed; then encouraging women to keep moving forward and be confident in what they do best, while being available to cheer successes and coach when there are questions or opportunities.*

CRH Hospitalist



KATHLEEN DIVINCENZO, MD

How are you planning on helping other women progress in leadership roles? *I have always encouraged women to participate in the medical staff and its committees and have nominated them for positions. Offering advice when asked and encouragement when there is doubt.*

CRH Internal Medicine Provider



COURTNEY SPENCE, DO

Did you plan on becoming a leader in healthcare? *I did not intentionally plan on becoming a leader, but I have always taken pride in my job and strive to be the best I can be on a daily basis. When I started at CRH I was given an opportunity to further enhance patient care by becoming the quality champion and as such I have been able to make some exciting changes to better improve our patients' overall health and quality of care.*



Bryce C. Lord, D.O., DABR

Radiation Oncologist

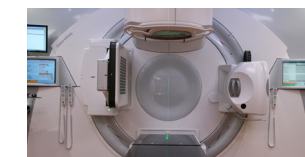
The Cody Regional Health's Big Horn Basin Cancer Center is a joint project of Cody Regional Health and St. Vincent Healthcare in Billings, Montana to provide local radiation oncology and medical oncology.

Our Big Horn Basin Cancer Center caregivers provide advanced cancer treatments using the latest medical breakthroughs with a systematic approach to disease treatment. You'll find the services you need in a caring, compassionate and hope filled atmosphere. Our commitment is to the whole person—to treat the body, calm the mind and uplift the spirit.

This year we were excited to welcome Board-Certified Bryce C. Lord, D.O. to our medical family! Dr. Lord, respects each patient's hopes, values, personal experience, resources and treatment goals. Modern medical care is a human undertaking that's complicated at times. He strives to educate patients and families about the diagnosis and process of treatment so the journey is understandable and less daunting. During a patient's journey, his goal is to provide thoughtful and coordinated cancer care among all the medical specialists that comprise the care team so you receive the highest quality care.

As our radiation oncologist, Dr. Lord chooses the most appropriate technique to deliver therapeutic radiation to our patients. The process begins after diagnosis has been established with a plan recommended for radiation therapy by undergoing a simulation or mapping study. This involves a CT scan to create a 3D model of the body and target. Treatment planning then follows.

Typical radiation treatment times are scheduled in 15 minute blocks with most of that time being used for alignment and imaging as applicable. Radiation treatment is painless and lasts much less than 1 minute for a typical treatment. After treatment is completed, a course of surveillance and follow-up is recommended which may include imaging and labs as appropriate for the diagnosis. Understanding the treatment process in radiation oncology is the first step to minimize some of the confusion that patients experience during their journey.



Call **307.578.2140** to set up an appointment with a provider today or visit CodyRegionalHealth.org.

ZERO Suicide Initiative Update

Last year Cody Regional Health reported on our efforts to implement a new process throughout our organization called ZERO Suicide. We are so excited to report this process has begun saving lives in our community.

The goal of the Zero Suicide Initiative was to prevent ALL death by suicide, and the only acceptable number for death by suicide is ZERO. This is important for Cody Regional Health because as a health system we are at the center of the community, and we have the ability to prevent people from falling through the cracks by using and incorporating a hospital wide protocol involving each patient in every office from the Emergency Department to our Pediatrics Clinic.

Currently we are in an operational phase within our system, where all departments that provide direct patient care are administering a PHQ-2/PHQ-9 questionnaire. There is a scoring system where if a person scores in a mild depressive symptoms they are provided with a list of therapists in the area and information on counseling if they are accepting and willing to do this. If a patient scores moderate to moderately high on the depressive symptom inventory, the patient is asked if they would be willing to have a referral made to our Behavioral Health clinic.

Once this referral is made, the patient is contacted to offer any services CRH provides in house or to establish a more appropriate referral in the community, if needed. If a person scores severely high on the PHQ-9, CRH is contracted with Yellowstone Behavioral Health to provide in house

“Since November 2017 CRH has had 209 referrals that would have otherwise fallen through the cracks in our community.”

crisis intervention therapy services. Since November 2017 CRH has had 209 referrals that would have otherwise fallen through the cracks in our community.

The future of this program will be to fully integrate this system within the community, providing the PHQ-2/PHQ-9 questionnaire in more than just medical offices within the community. Depressive symptoms are vital signs and they are difficult to measure and are often not discussed. As a society, there is a lot of stigma placed on mental health issues, making it difficult for people to speak openly and honestly about the challenges they face in their lives. The Zero Suicide Initiative, as it grows, will diminish this stigma and help normalize discussions between patients and their medical providers when they need help w/mental health challenges.



For more information about Cody Regional Health's Zero Suicide Initiative please contact us at CRH@codyregionalhealth.org.

TMS Transcranial Magnetic Stimulation



Cody Regional Health is excited to introduce Transcranial Magnetic Stimulation (TMS) as one of our new services this Fall 2020! Our behavioral health clinic will be the only clinic offering this treatment in the Big Horn Basin Region and it's our hope to be the first choice for those who aspire to heal their mental illness.

What is TMS? TMS is a noninvasive procedure that uses magnetic fields to stimulate nerve cells in the brain to improve symptoms of depression. TMS is typically used when other depression treatments haven't been effective according to Mayo Clinic. This treatment for depression involves delivering repetitive magnetic pulses, so it's called repetitive TMS or rTMS.

Depression is a serious condition and is treatable, but for some of our patients, standard treatments aren't effective. Repetitive TMS is typically used when standard treatments such as medications and talk therapy (psychotherapy) don't work.

TMS can also be used to help treat PTSD, OCD, schizophrenia, substance abuse disorders, anxiety disorders and autism.



2020 SpinCody Fundraising TMS PAGE 23

For more information about this service please talk to your mental health provider or call our behavioral health clinic at **307.578.2283**.

Wyoming State Opioid Grant

In response to the national opioid crisis, the federal government has directed grant money to all 50 states for establishing Medication Assisted Treatment (MAT) programs for clients with Opioid Use Disorder.

This grant opportunity was a perfect fit for Cody Regional Health (CRH). Cody Regional Health's Behavioral Health department is home to Wyoming's oldest MAT program. Our MAT program started in January 2012 and has continued to grow with Psychiatrist, Scott Pollard, MD and his team. Everyone brings a unique experience that has helped this program to expand and now start new programs.

CRH was awarded a State Opioid Response grant in February 2019 with the goal of making Medication Assisted Treatment available in all four counties of the Big Horn Basin. We are now partnering with Big Horn Basin Counseling Services to offer MAT programs in Basin and Lovell, Wyoming.

We have also been able to work with Yellowstone Behavioral Health and Cloud Peak Counseling in providing medication management for their program through our Nurse Practitioners.

We recently launched an integrated marketing campaign to address the stigma of opioid addiction, and the stigma of treatment throughout the Big Horn Basin Region in Wyoming. There is much work to be done, but we are on the way to achieving our grant expectations and making this life-saving treatment available throughout our service area in Northwest Wyoming.



Learn more!



2019 AHA Rural Hospital Leadership Team Award

The Rural Hospital Leadership Team Award from the American Hospital Association (AHA) Section for Small or Rural Hospitals recently honored the Leadership Team of Cody Regional Health for guiding our health system and community through transformational change on the road to health care reform. The CRH leadership team displayed outstanding leadership and responsiveness to the community's health needs and demonstrated a collaborative community process to lead to measurable outcomes. The innovation and leadership in working with Billings Clinic and Helmsley Charitable Trust to establish the Cody Cardiology Center is only one of many major projects accomplished over the past year and has received national recognition.

2019 Hospital Quality Excellence Award Mountain-Pacific Quality Health recognized Cody Regional Health with a 2019 Hospital Quality Excellence Award for outstanding performance in effectively using quality assurance performance improvement methodologies to improve care practices. Cody Regional Health is one of eight hospitals honored during this year's Wyoming Quality Health Care Conference held in Cheyenne.

Jeff Martin Award for Excellence For 10 consecutive years, Cody Regional Health has received the Jeff Martin Award. The Jeff Martin Award for Excellence is given only to select hospitals for exemplary performance in the area of patient safety and risk management

Center for Medicare & Medicaid Services Cody Regional Health continues to be rated as a top 4-star rated facility. The star ratings are based off of 64 different healthcare measures, such as infection rates or emergency room wait times. These measurements are then grouped into broader categories, and weighted differently to provide the different star ratings. Hospitals have to meet minimum reporting requirements in order to be eligible to receive a star rating.

HomeCare Elite Cody Regional Health was named a Top Agency of the 2019 HomeCare Elite®, a recognition of the top-performing home health agencies in the United States. Cody Regional's Home Health has received this award for the past four years. The ranking is developed by ABILITY® Network, a leading information technology company helping providers and payers simplify the administrative and clinical complexities of healthcare.

Becker's Healthcare Cody Regional Health's CEO, Doug McMillan, was recognized this year by Becker's Healthcare as one of the top critical access hospital CEO's across the nation. As CEO, Mr. McMillan has grown Cody Regional Health into a regional critical access hospital with expanded services not typically found in this size of facility. He leads recruitment efforts and doubled Cody Regional's primary care and specialist physician teams during his tenure. In recent years, Mr. McMillan oversaw the hospital's efforts to open a Wound Care Center with hyperbaric chambers, establish ENT, Allergy and Orthopaedic clinics, negotiate a joint venture for a cath lab and expand its cancer center which includes radiation and medical oncology under one roof.

3 Reasons To Give To Cody Regional Health Foundation



To Commemorate Love Donating can provide an opportunity to remember or honor special people; while also raising much needed funds to support those without an ability to pay or provide special patient needs.

Donations from the heart boost sense of community and inspire others to give. Gifts large and small, make a difference in helping us deliver exceptional care to all who enter our doors and support immediate and emerging needs.

The Cody Regional Health Foundation is an organization committed to supporting Cody Regional Health through philanthropic support.



To Reflect Inner Values Your passions can drive your giving. If you have an interest in a particular area such as cancer support, elder care, hospice, heart health, women and children, and first responders we have a variety of ways you can make an impact.

All gifts are tax deductible and offer an opportunity for you to invest in your community and future generations.

With the help of our generous donors we have been able to help provide so many additional important programs, technologies, and services. All along positively impacting our patients, their families and our community.

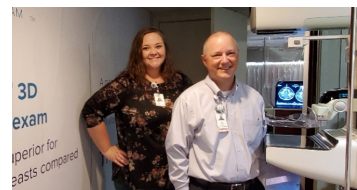


Help Improve Our Community With the support of donors such as you, Cody Regional Health Foundation has obtained funding for an allergy clinic, a new pediatric clinic, cancer center, state-of-the-art diagnostic equipment, cardiac cath lab, and much more.

How Gifts To Cody Regional Health Foundation Have Made A Difference



Hospice Memorials Spirit Mountain Hospice is dedicated to providing for the physical, emotional and spiritual needs of the terminally ill and their loved ones. Hospice Memorials provide an opportunity to remember or honor special loved ones; while raising funds for Hospice. Donations are used to support hospice care for those with an inability to pay.



3D Mammography 3D mammography is an FDA-approved advanced technology that supports early breast cancer detection with fewer call backs and improves the health of women in our community. 3D mammograms allow more accuracy to detect and diagnose cancers.



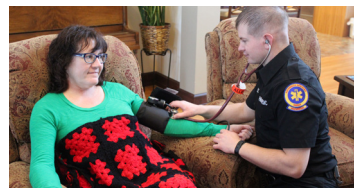
Big Horn Basin Cancer Center Our cancer center provides residents throughout Northern Wyoming access to some of the nation's leading oncologists and cutting-edge technology—right here at home. This center was established so local patients can receive exceptional care without having to travel great distances.



Hand Held Ultrasound Hand held ultrasound can be extremely important in addressing very serious situations. These portable devices will cut out time needed to set up a traditional scan and allow a physician or a paramedic to identify something like a sudden and life-threatening hemorrhage in a patient much more quickly.



Stop The Bleed Program This is a free education program that focuses on recognizing life-threatening bleeding and the ability to intervene effectively to save a person's life. For someone who is seriously bleeding, one person who is on the scene, at the right time, and who has the right skills can make a life or death difference until emergency professionals arrive.



Community EMS The Community Emergency Medical Services (EMS) program is an emerging healthcare profession that is helping close the gap by expanding the role of EMS personnel. Our EMS program allows paramedics and emergency medical technicians to provide routine healthcare services to under-served populations, and helps to improve transition of care after hospital discharge.



SpinCody 2020

All Funds Raised will benefit alternative mental health treatment with a Transcranial Magnetic Stimulation (TMS) machine and safe recreation spaces.



SPIN CODY 2019
BIKE# 7

SPIN CODY 2019

PITCHFORK RANCH

- BEN ANSON
- MARTY HEGGIE
- JACOB HEGGIE
- EMILIE HEGGIE
- COLE BAVIS
- BRODY WELLS
- MARGARET BAKER
- AUBREY BRANHAM
- JILLIAN BENT
- SARAH SPERRY

"THE WORLD NEEDS MORE COWBOYS"

GIVE A GIFT AND MAKE A DIFFERENCE DONATE TODAY.

CodyRegionalHealthFoundation.org
307.578.2338
foundation@codyregionalhealth.org



COMMUNITY EVENTS

Community health partnerships are a key pillar at Cody Regional Health. One of the major ways we work to improve overall health in our communities is by hosting multiple health events and classes covering a variety of topics.

We would like to give a big thank you to our team members for sharing their knowledge during these events and classes. All events and classes are supported by Cody Regional Health's Foundation to keep everything free of charge to the public. We look forward to a full year of events in 2020. Please review some of the events and classes Cody Regional Health hosted in 2019!



More on 2019 Barn Dance!



2019 CLASSES & EVENTS

- Stop the Bleed Classes
- Hands Only CPR Classes
- Reach Healthcare Camp
- SpinCody
- Cancer Survivor Ice Cream Social
- Community Thanksgiving Dinner
- Hospice Lovelights & Celebration of Life
- Annual Holiday Helpers
- Barn Dance
- Lunch & Learn: Cardiology
- Lunch & Learn: Orthopaedics
- Lunch & Learn: Advanced Directives
- Lunch & Learn: Women's Health
- Lunch & Learn: Food Prep
- Guns & Roses Event



2020 events calendar **BACK COVER**

WEST PARK HOSPITAL DISTRICT
 COMBINED STATEMENTS OF NET POSITION JUNE 30, 2019 AND 2018

CURRENT ASSETS	2018	2019
Cash and Investments	\$45,865,538	\$51,821,810
Patient and Resident Accounts Receivable, Net	\$4,970,498	\$18,344,949
Other Current Assets	\$1,902,800	\$4,663,403
Capital Assets, Net	\$82,490,536	\$76,681,271
Noncurrent Cash and Investments	\$19,320,259	\$19,752,317
Other Noncurrent Assets	\$1,879,736	\$2,061,780
TOTAL CURRENT ASSETS	\$173,627,250	\$173,325,530
LIABILITIES	2018	2019
Current Liabilities	\$14,259,461	\$13,830,538
Long-Term Liabilities	\$36,539,052	\$35,595,656
TOTAL LIABILITIES	\$50,798,513	\$49,426,194
NET POSITION	2018	2019
Net Investment in Capital Assets	\$43,478,507	\$38,699,147
Restricted	\$5,020,367	\$5,128,544
Unrestricted	\$74,329,863	\$80,071,645
TOTAL NET POSITION	\$122,828,737	\$123,899,336
TOTAL LIABILITIES AND NET POSITION	\$173,627,250	\$173,325,530

121 Volunteers

140 Credentialed Providers

226 Births

663 Staff at CRH

770 Inpatient Surgeries

BY THE NUMBERS
 JULY 2018 THROUGH JUNE 2019

1,649 Acute Hospital Admissions

1,516 Outpatient Surgeries & Procedures

4,336 Hospital Inpatient Days

6,289 Volunteer Hours

76,546 Miles Traveled by our Ambulances

104,301 Outpatient Visits

OUR PHYSICIANS



Theodore Ajax, MD
Anesthesia



Patrick Allen, DO
Internal Medicine



Lael Beachler, DPM
Podiatry



Jimmie Biles, Jr., MD
Orthopedic Surgery



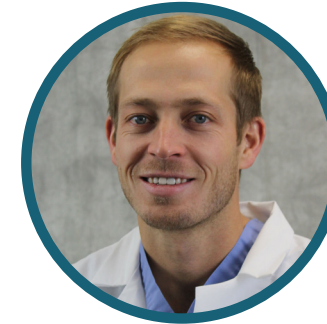
Travis Graham, MD
Radiology



Gary Hart, MD
Wound Care



Lisa Harvey, MD
Family Medicine



Andrew Hoene, MD
Emergency Medicine



Kirk Bollinger, MD
Emergency Medicine



Ryan Bower, MD
Hospitalist



Adair Bowlby, MD
Family Medicine



Andrea Chisholm, MD
Obstetrics & Gynecology



Aaron Killpack, DO
Family Medicine



Stephanie Knodel, MD
Emergency Medicine



Judd LaRowe, MD
Internal Medicine



Jared Lee, MD
Orthopedic Surgery



Gregory Cross Jr., MD
Radiology



Kathleen DiVincenzo, MD
Hospitalist



Thomas Edwards, MD
Cardiology



Stephen Emery, MD
Orthopedic Surgery



Bryce C. Lord, DO
Radiation Oncology



Elise Lowe, MD
Hospitalist



Bradley Low, DO
Anesthesia



Christopher Lowther, MD
Internal Medicine



Thomas Etter, DO
General Surgery



Randy Folker, MD
Otolaryngology



Duncan Fraser, DPM
Podiatry



Allen Gee, MD
Neurology



Stephen Mainini, MD
Wound Care & Pulmonary
Medicine



Gregory McCue, MD
Hospitalist



David Mills, MD
Family Medicine



Douglas Morton, MD
Family Medicine

OUR PHYSICIANS



Dale Myers, MD
Gynecology



John Murray, MD
Emergency Medicine



Jeffery Poffenbarger, MD
Neurosurgery



Peter Sidor, MD
Pediatrics



Kim Slight, MD
Hospitalist



Courtney Spence, DO
Internal Medicine



Sandra Nelson, MD
Child & Adolescent Psychiatry



Scott Pollard, MD
Psychiatry



Adam Peters, MD
Family Medicine



Gregory Stewart, MD
Urology



Christopher Rice, MD
Orthopedic Surgery



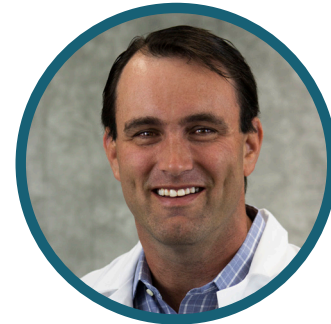
Barry Welch, MD
Ophthalmology



Scott Polley, MD
Emergency Medicine



Chris Robertson, FM
Family Medicine



Mark Ryzewicz, MD
Orthopedic Surgery



Charles Welch, MD
General Surgery



Lisa Williams, MD
Obstetrics & Gynecology



Thomas Wolford, MD
Cardiology



Catherine Schmidt, MD
Anesthesia



Frank Schmidt, MD
Orthopaedic Surgery



Tanya D. Schnel, DO
Anesthesia



Derek Paul Wille, FM
Family Medicine



Community
Health Events
Calendar

2020

JANUARY–MARCH

APRIL–JUNE

February 14
Valentine's Day Spaghetti Feed

February 19
Lunch and Learn: Cardiology

February 26
REACH Healthcare Camp,
West Park Hospital Campus



March 11
Lunch and Learn: TMS

March 21
SPIN Cody, Paul Stock
Aquatic & Recreation Center



April 15
Lunch and Learn: Wrist Pain
& Carpal Tunnel

June 09
Cancer Survivor Ice
Cream Social



JULY–SEPTEMBER

OCTOBER–DECEMBER

August 19
Lunch and Learn: Rehab

September 16
Lunch and Learn:
New Cancer Treatments

October 09
Community Health Event

COMMUNITY
Thanksgiving DINNER
November 26

December 1–15
Holiday Helpers Drive

December 6
Hospice Lovelights Ceremony



**LOVELIGHT
CELEBRATION**
Spirit Mountain Hospice